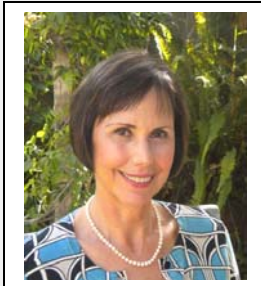


WORKSHOP

Embrace, Share and Inspire San Diego!



Paul Stricker, M.D. is one of just over 150 doctors in the U.S. who is board certified in both sports medicine and pediatrics. He was an All-American swimmer in college and completed pediatrics at Arkansas Children's Hospital and a sports medicine fellowship at UCLA. He was selected as a physician for the U.S. team at the Sydney Olympics. He is a previous President of the American Medical Society for Sports Medicine & Fitness and is a member of the American Academy of Pediatrics' Council on Sports Medicine & Fitness. He has been selected as one of America's Top Pediatricians and America's Best Doctors. Often cited in national news, Dr. Stricker has authored numerous medical publications and a book for parents and coaches- *Success Rx! Your Child's Prescription for the Best Experience*. Dr. Stricker resides in San Diego with his medical practice at Scripps Clinic.



Sky Jeannette is a passionate wellness advocate and Juice Plus+ National Marketing Director with 16 years of experience empowering people to live life to the plus with optimal health and well-being. Sky is dedicated to helping team members achieve the success and lifestyle they deserve. She has worked for many years in management and business development in both the private and non-profit sectors and has received business recognition as well as awards for her community service endeavors. Sky lives the life of her dreams with her husband Deris in their sunny San Diego home where they are both avid gardeners. She enjoys time with her grandchildren as well as pilates, yoga, hiking, swimming, travel and charitable work.



Susi Aldridge has been with NSA/Juice Plus+ since March of 1995. She is a National Marketing Director and was the recipient of a prestigious Elton Award for her efforts with the Children's Health Study. A successful entrepreneur before her Juice Plus+ career, Susi owned a retail store with 14 employees for 23 years. Today she blends her entrepreneurial spirit, expertise and success into growing a dynamic Juice Plus+ business. She is dedicated to sharing and educating others about the importance of a healthy and active lifestyle. She loves the outdoors and is grateful that her Juice Plus+ business allows she and her husband Steve to live in two beautiful places, San Diego, California and Seeley Lake, Montana.

**Come learn about the extraordinary Juice Plus+® products, the solid, generous company and income plan behind Juice Plus+® and connect with the welcoming Juice Plus+® community as we inspire healthy living and economic hope around the world.**

**Saturday, February 11<sup>th</sup>, 9:30am - 12:30pm (doors open at 9am)**

**Location: All-Souls Church, 1475 Catalina Blvd. SD, CA 92107**

**Contact: Romel Hokanson \* 629-379-2662 \* [romel@wavesoflife.biz](mailto:romel@wavesoflife.biz)**

Guests are FREE! Light Refreshments will be served. Guests may choose to attend only the Prevention Plus+ with Dr. Stricker from 9:30-10:30 or stay for the business training.

