



*Waves of Life  
Energy Healing*

# Flower Essence and Aromatherapy Soothing Touch & Reducing Stress Training Restore Harmony & Balance to Body, Mind, Spirit



## **REV. MAGGIE SMITH**

- **Flower Essence Practitioner**
- **Certified Aroma Therapist**
- **Medical Intuitive**

Maggie presents her classes at Massage Schools and Hospice facilities throughout the United States. She has over 15 years of training as an expert in mind-body wellness, through the *School of Energy Mastery*, the *Chopra Center for Well Being*, and *Australian Living Essences*. Maggie is available for private consultations, creating powerful personalized flower essence healing blends for her clients. Her fascinating workshops and classes on therapeutic use of Flower Essences attract healers working in a wide array of modalities.



Flowers are a gift from nature, healing tools in beautiful packages. The sensory allure of flowers encourages us to bring them into our environment, where they provide aesthetic delight as well as wonderful curative energy.

Essence Energy Sprays literally capture the energy of flowers in a bottle, calming emotional and mental stress. The Essential Oils soothe the physical body and Flower Essences help calm the emotions. Flower essences resonate on an array of wavelengths, enabling them to repair and restore mental, emotional well-being. Essential Oils create a hormone cascade in the physical body bringing you back into harmony and balance.

Flower Essences are a powerful but gentle way to rebalance emotional states; they are not drugs and do not react negatively with other medications or treatment modalities.

Maggie will be offering a 1.5 hour workshop on Essential Oils and Flower Essences – Restoring Harmony and Balance for Body, Mind, and Spirit; including information on having “A Good Night’s Sleep Naturally.” She will also discuss Natural Healing for your Pets with Flower Essences.

**Please email your RSVP to [romel@WavesOfLife.biz](mailto:romel@WavesOfLife.biz) by Sept15<sup>th</sup>.**

**Don't miss this life-changing event!**

**Monday, Sept 16th**

**6:30 p.m. – 8:00 p.m.**

at

**California Home Care Registry  
10393 San Diego Mission Rd, #205  
San Diego, CA 92108**

**FREE EVENT**